



## April Update



### RELAY FOR LIFE WORKSHOPS

Cancer Research UK is organizing an over-night series of events to raise awareness about the risk of cancer and celebrate life. Building from the event I organized in November (Dance for Life) where some CCD dancers performed together with other 6 community groups, Cancer Research has approached me to see whether you would be interested in participating in this spectacular and warm hearted event. A set of weekend workshops building from Ujhama's session (see below) to perform at this event are taking place.

**Where:** Providence Place (off Lewes Road); **When:** Sundays in July from 3 to 5; **How much:** £25 for 4 sessions/ £7 drop in. PLEASE GET IN TOUCH IF YOU WOULD LIKE TO PARTICIPATE.

### CCD for over 60s

These classes continue to be very popular and we are always interested in recruiting new people. So, if you know someone who would like to learn different dances around the world and keep fit, send them our way! >

### CCD FOR OVER 60S

**Where:** Cornerstone Community Centre (Palmeira Square, Hove); **When:** Fridays from 1.30 to 2.30; **How much:** £4 per session.



### NOTTING HILL OPPORTUNITY

As every year, I am putting together a group to perform with winning School of Samba Paraiso. If you are interested, please get in touch as places are limited. Rehearsals will start soon so check this space. This year's theme is THE AMAZONS!!!!

### Newsletter Spotlight

- Relay for Life
- CCD for over 60s
- Notting Hill Opportunity
- Afro-soteropolitan dance workshop in Brighton



### AFRO-SOTEROPOLITAN DANCE WORKSHOP IN BRIGHTON

Carlos Ujhama is visiting Brighton as part of his UK tour and before he goes back to Brazil you have the chance to enjoy one of his workshops.

### AFRO-SOTEROPOLITAN DANCE WORKSHOPS

Afro-Soteropolitan Dance: (Soteropolitan= from Salvador da Bahia, Brasil) : Ijexà (street candomble) ; Samba (popular and contemporary) and Samba-reggae (urban dance)

**Where:** Providence Place; **When:** Sunday 8th of June from 2 to 6; **How much:** £22, £10 deposit, non refundable.

Afro-Soteropolitan dance workshops are a celebration of the dynamic rhythms and dance from Bahia. These involve an in depth exploration of dance and music from Salvador.

With a great attention to detail, the classes combine cultural history, the origins of Afro-Soteropolitan dance and its development into contemporary street dance.

**CONFIRMATION OF PARTICIPANTS IS REQUIRED FOR THIS EVENT TO TAKE PLACE!**

The classes intend to stretch you in every way, involving movement, self-expression, development of rhythm and performance skills.

**About the teacher:** Carlos Ujhama has a classical dance training background, during which time he has developed himself as a professional performer of popular Bahian dance.

### GET IN TOUCH:

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